



SEPTEMBER 2022 | BENGALURU



(Clockwise) 'Waste Landscapes' (Category 1) : winner Sayad Zaifi; 'Portraits of People in Waste' (category 2) : winner Arun Kumar Nalimela and 'Composting at Home' (Category 3) : winner Bipasha Sharma.

## FIRST & FOREMOST...

In tune with World Photography Day 2022, SWMRT announced 'The SWMRT Photo Contest' and invited entries under three categories. Our jurors — Harsha K R, Smita Kulkarni, Lata Roddam, Pinky Chandran and Monika Khanna Gulati — had a tough time poring over 79 entries sent to us from various parts of India. This made us understand how each one of us looks at waste in our own unique way. Just take a look at the winning entries and you will know what we mean.

We are grateful to all the participants for evincing such keen interest in this contest and sending their entries. We also thank our sponsors Saahas Zero Waste, Praacheen Vidhaan, StoneSoup.in and Hasiru Dala for adding a huge dollop of excitement to the entire exercise. We hope to make this contest an annual event and look forward to your support. We are also keen on having you participate in our upcoming workshops, events or contests. Keep following our handles.

## A MONTHLY WRAP-UP



**Impact of Dioxins on Health**

Long-term exposure is linked to impairment of the immune system, the developing nervous system, the endocrine system and reproductive functions.

Chronic exposure of animals to dioxins has resulted in several types of cancers. The developing fetus is most sensitive to dioxin exposure. Newborn with rapidly developing organ systems, may also be more vulnerable to certain effects.



Here's a quick wrap-up on our Waste-to-Energy (WtE) campaign. This month we saw why this technology worked in cold European countries to generate heating under strict controls and monitoring, and why Delhi WtE expansion capacity was cancelled by the expert committee following citizen protests. We also learnt how WtE plants work; how 30-50% of the waste burnt ends up as ash, uncombusted material and dangerous air pollutants and their effect on health; and how emissions, fly ash and bottom ash need to be managed scientifically so as not to harm communities and our environment. Lastly, we dwelled over persistent organic compounds with focus on dioxins.

## IN THE SPOTLIGHT



Anu Govind - Super Citizen  
Super Citizen Anuradha Govind, known as a waste management and community

SWMRT Member Anuradha Govind, known for her waste management and community management expertise, has been on an SWM mission for over a decade. She has been spreading awareness on composting, safe food and loves to share sustainable living tips. She is also an active partner with Jhatkaa.org for various eco-conscious activities happening around the city. Jhatkaa.org recently acknowledged her contribution by extending its support to her journey towards a more sustainable India by calling her a "Super Citizen".

## WINDS OF CHANGE IN MYSURU HINTERLAND

Perseverance has been the mantra for Hasiru Dala which has been busy conducting surveys and awareness sessions on sustainable menstruation in Nagawala, Mysuru, for three years.

SWMRT member Meenakshi Bharat and @stonesoup.in have been playing a key role in familiarising the concept, ease of adaptation and transition. As of September 2022, 786 cloth pads and 1,242 menstrual cups have been distributed.



## DAAN UTSAV: TIME TO GIVE

We're participating in  
**100 HEROES**  
between October 2nd and November 20th, 2022

Donate to our cause | Help us win up to 100% matching rewards | Create bigger impact

**give** Visit our profile to donate #100Heroes

This #DaanUtsav, SWMRT is raising funds to recognize the valuable work done by compost karigars (workers) who convert kitchen waste into black gold that in turn nourishes the earth. We are participating in '#100Heroes' — a fundraising event by @Give, where every small contribution from supporters like you will help us win big rewards. This simply means that every penny that you contribute will create more impact than ever. Show us your support by visiting us at: <https://bit.ly/3SA1EXU>

## BRAINSTORM

The recent floods in the city have highlighted our current garbage disposal system and the need to create public awareness on segregation at source. Organised by MLA Krishna Byre Gowda and his team, the event held at Hegdenagar was an effort towards educating localities to initiate three-way segregation at source. SWMRT member Savita Hiremath addressed the gathering on the 2b1b method of segregation. Participants who attended the event were given 2b1b kits to start their SWM journey. The residents of Hegdenagar enthusiastically participated in a segregation quiz.



## THE HEARTBEAT

### THE MONTH THAT WAS

- Community Volunteering Day: SGKK. All weekends.
- Public Awareness Session: Savita Hiremath, Hegdenagar, Sept 18.
- Instagram live: 'Rooting for Green Tourism', in Conversation with Shruti Shibulal, Meenakshi Gupta, Gaurav Sharma, Vani Murthy & Shalini K Charles; Sept 25.
- Community Composting Habba: SGKK, Sept 24.
- Instagram Live: 'Towards a Zero Sanitary Waste Ward', in conversation with Sahana R from Hasiru Dala, Malini Parmar, Meenakshi Bharath & Anuradha Govind; Sept 3.
- SWMRT stall: At Indian Institute of Science to spread awareness on composting and segregation; Sept 3 & 4.



*SWMRT member Pinky Chandran went live on 'The Plant Paradigm', a podcast hosted by vegan athlete Tom Simak. The podcast focuses on the vast scope of plant-based diet and the power of our lifestyles to create a clean, green and sustainable future. In Episode 31, Pinky spoke at length on the sorry state of storm water drains in Bengaluru, recycling initiatives, phase-out of SUPs, EPR and waste workers.*



*(Clockwise) Minister of State for Education, Maldives, Aishath Athiya Naseer visits SGKK; Siddalinga Chalwadi and Anish Nikhil Dhan from SWMRT visit Padmashree Institute of Management and Sciences to understand their waste management practices; Dr Shanthi Tummala addresses policewomen in Siddipet as part of the 'Ruthu Prema' programme.*

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